

20 Thought-Provoking Conversation Starters for Couples

1. What makes you uncomfortable when talking about sex?
2. Tell me about a challenge you've had in your life.
3. What have you been interested in or learning about lately?
4. What is one place you would like us to have sex but we have not yet?
5. In your opinion, what is the one thing we have argued about the most in the past ninety days?
6. Do you feel I am there for you when you need me?
7. When do you feel respected by me?
8. Which married couple do you look up to the most, and why?
9. What is something I do that makes you feel loved the most?
10. What is better than amazing sex?
11. What were the highest and lowest points of our relationship?
12. What is your first memory of me? Describe it in as much detail as you can remember.
13. How can we communicate better?
14. What do you want the atmosphere in our home to feel like?
15. What person (or people) had the most impact on your life, and how?
16. What do you do to get yourself in a better mood when you are not feeling great?
17. What would you do if I changed my religious beliefs?
18. How do you feel about supporting family members financially?
19. What are three physical shows of affection you really enjoy from me and wish I would do more often?
20. Do you have trouble opening up and talking to me about anything?

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